



ASM Sports (UK) Limited | Coach Expectations

Procedure | JANUARY 2023

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Policy/Procedure Approval Date	16th January 2023	
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Next Review Date	January 2024	
Signature of Policy/Procedure Leader	Signature of Managing Director	
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Design & Delivery

Punctuality

- Arrive 10-15 minutes prior to the lesson when possible (if late ring school in on route)
- Do not leave until all children are accounted for (After-School clubs)

Planning & Design

- Organise positive introductory activities.
- Select appropriate shape and size of area.
- Use rules and conditions appropriately.
- Devise realistic challenges.
- Be Aware of school fire escape/Evacuation plan/Lockdown Procedure
- Know who the school First Aiders/First Aid kit/Defibrillators are

Positive Learning Environment

- Encourage responsibility, decision making and problem solving
- Develop opportunities for experimentation and practice.
- Deliver challenges that are varied, interesting and fun.
- Remain positive throughout the session.

Practical Delivery

- Have your lesson plans/learning material present in the lesson
- Assume appropriate coaching positions.
- Effectively manage the differences within the group
- Use appropriate work to rest ratios.
- Use appropriate and right amount of equipment for the age group you are teaching
- Use a variety of coaching styles.
 - 'Autocratic' - this is where the coach makes all the decisions, and the performers merely follow. This coach will be a strong disciplinarian and likes to be in control. Implicit in this style is that the coach has all the information and the knowledge.





- 'Democratic' - this involves shared decision- making. This coach will guide performers towards selecting and achieving their goals. Implicit in this style is that the coach provides leadership in the form of positive guidance.
- 'Laissez-Faire' - this is where the coach makes few decisions. There are little organised attempts to influence or teach. Implicit in this style is that the players take ownership and make the decisions.

Responsiveness

- Use an appropriate variety of positive intervention styles
- Adapt the session based on the pupil's needs.
- Manage mistakes to the pupil's advantage.
- Challenge and extend individuals.

Communication

- Communicate positively and clearly throughout.
- Encourage pupils to evaluate their own performance.
- Ask and answer questions effectively using a variety of methods.

Behavioural Management

- When explaining a practice be clear and concise
- As you are explaining a practice ensure all children are still, silent & looking directly at you.
- 4 steps... verbal warning --- second verbal --- sit out 5 minutes --- sit out for lesson
- When dismissing class ensure they are silent and orderly
- Lead from the front when you are required to take them back to classroom

Summary

- **No Mobiles**
- **No Sitting Down in Class**
- **No "Banter" With the Children**

