

Food Information and Allergy Data Sheet

Review Date: June 2025

Reviewed by: N Marren

Meal Name	Ingredients	Allergy Info	Meal Name	Ingredients	Allergy Info	Meal Name	Ingredients	Allergy Info
Cold Food								
Tuna Sandwich	Tuna Chunks in Brine (Tuna/Water/Salt)	Contains Fish	Cheese Sandwich	Mild Grated Cheddar Cheese	Contains Milk	Jam Sandwich	Fruit Preserve/ Jam	
	Mayonnaise	Eggs, also may contain sulphates		White Bread	Contains Gluten–protein in wheat, rye and barley		White Bread	Contains Gluten–protein in wheat, rye and barley
	White Bread	Contains Gluten–protein in wheat, rye and barley		Margarine/Spread	Contains Milk/Diary		Margarine/Spread	Contains Milk/Diary
	Margarine/Spread	Contains Milk/Diary						
Chicken Sandwich	Chicken Slice	Poultry	Beef Sandwich	Beef Slices		Ham Sandwich	Fruit Preserve/ Jam	Vegan/Vegetarian friendly
	White Bread	Contains Gluten–protein in wheat, rye and barley		White Bread	Contains Gluten–protein in wheat, rye and barley		White Bread	Contains Gluten–protein in wheat, rye and barley
	Margarine/Spread	Contains Milk/Diary		Margarine/Spread	Contains Milk/Diary		Margarine/Spread	Contains Milk/Diary
Hot Food								
Cheese Oatcakes	Cheese	Contains Milk/Diary	Jacket Potatoes and Cheese	Potato		Hot Dogs	Sausage	Contains Soya protein, Sodium Sulphite
	Oatcake	Contains Gluten (including cereals containing gluten)		Cheese	Contains Milk/Diary		Hot dog Roll	Contains Gluten–protein in wheat, rye and barley Contains Milk/Diary.
			Beef/ Cheeseburgers	Beef Burger	Cereals containing Gluten, Sulphur Dioxide, Soya protein			
				Burger Bap	Contains Gluten–protein in wheat, rye and barley			
				Cheese	Contains Milk/Diary			
<p>This Allergy data sheet has been produced In Conjunction with Take A Break Food Services, 2 Nile St, Stoke-On-Trent, ST6 2AF</p> <p>All food is produced in an environment which handles other potential allergens and although procedures are followed to limit risk. ASM Sports and Take a Break cannot 100% guarantee that food produce will not contain trace amounts nuts and other allergens.</p>								